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clinical psychiatrist and best-selling  
author of The Body Keeps the Score,  
shares how , yoga , can help you get ...

### [Yoga Therapy for Parkinson's Disease](#)

Yoga Therapy for Parkinson's Disease  
von Outpace Parkinson's vor 3 Jahren  
32 Minuten 184.323 Aufrufe Prof  
Raghav is a Senior Consultant  
Neurologist and Movement Disorder  
Specialist at Monash and Peninsula  
Health.

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von Laura Goellner - The Yoga Focus  
Method vor 4 Jahren 19 Minuten 1.814  
Aufrufe This video talks about our  
Yogaboard for the 3rd kosha;  
Manomaya Kosha. This is the  
mental/emotional sheath of our  
existence.

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New Anatomy of the Body von  
YogaUOnline vor 5 Jahren 33 Minuten  
55.282 Aufrufe Tom Myers, author of  
Anatomy Trains, talks with  
YogaUOnline.com about the role of  
fascia and how to apply the Anatomy



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Yoga Therapy \u0026 Occupational  
Therapy- LauraGyoga von Laura  
Goellner - The Yoga Focus Method vor  
1 Jahr 39 Minuten 804 Aufrufe This is  
a special episode because april is  
OCCUPATIONAL , Therapy , month  
and I am an Occupational , Therapist , .  
I see many , yoga , ...

[Ep. 10: YOGA FOCUS PODCAST:  
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Ep. 10: YOGA FOCUS PODCAST:  
THE BOOK is DONE: Yoga Therapy  
At The Wall! von Laura Goellner - The  
Yoga Focus Method vor 1 Jahr 44  
Minuten 318 Aufrufe In episode 10 I  
share the exciting news that the , book ,  
, " , Yoga Therapy , at The Wall" is  
finally complete \u0026 ready to be  
shared! You can ...

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Relief von Life 360 Summit vor 9  
Monaten 6 Minuten, 24 Sekunden  
4.258 Aufrufe Take a breath and give  
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Vertigo Dr. Carol has written a , book ,  
to answer the many questions about  
this. Check it out ...

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